All-American Guidelines

In order to be nominated as an FCC All-American, cheerleaders must have the following:

- **A loud clear voice that projects well**
- **Sharp, crisp motions that included good levels and fists, and correct timing**
- **Outstanding showmanship and the ability to lead the crowd**
- **Level or above jumps with good form**
- **A minimum of a standing backhandspring and a round-off backhandspring with proper technique**

An All-American award will be based on a one time performance where the nominee will demonstrate 3 combination jumps (one must be a toe touch), a tumbling entrance, and the camp cheer with 2 tricks incorporated.

These candidates will be judged by the camp director and members of FCC's leadership team.

FCC will take nominations, but the camp director will make the final decisions.
Please complete the bottom portion of this form and bring it with you to the first coaches meeting.

School:_____**City,State:**_____

Coach's Name:_____ **Squad Level:**_____

I wish to nominate the following cheerleaders for FCC All-American.

Name	**08/09 Grade**
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____